

Om  
Shri Param Krupalu Devay Namah  
Kathopanishad  
Shibir-3  
Adhyay-1      Second Valli      Shloks 1-13

**WORKSHEET**

**Marks: 50**

Name: ..... Tel. No.: ..... Group: .....

**(I) Choose the correct answer.**

**Marks: 5**

1. Brahma vidya cannot start if there is .....  
(a) external activity (b) outward tendency (c) inward tendency (d) desire for liberation
2. Making a deliberate choice of ..... is the foundation of spiritual progress.  
(a) inner joy (b) worldly pleasures (c) heavenly pleasures (d) sense objects
3. Dispassion ..... is true dispassion.  
(a) due to ignorance (ajnangarbhit) (b) due to dejection (dukhgarbhit)  
(c) due to discretion (vivekjanya) (d) for short time inspired by satsang (prasutigruha vairagya)
4. On the path of supreme truth, ..... is the most beneficial for awakening and staying awake.  
(a) silence (b) chanting (c) austerity (d) satsang
5. The soul is difficult to understand because it .....  
(a) has a form (b) is beyond the reach of the senses  
(c) can be grasped by the senses (d) can be comprehended by the intellect

**(II) Match the examples given below with their parmarth.**

**Marks: 5**

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|---|---|
| 1. Swangatsu – emperor – extended feet            | a) Once one becomes mature with dispassion, he gets pulled by the Guru's attraction and embarks on the path of shrey. |
| 2. Ant – grain of rice – grain of chana           | b) If a true seeker comes in association with an asadguru, the asadguru will leave him.                               |
| 3. Fruit – tree – gravity                         | c) Ignorant humans indulge in sense objects and drown in the ocean of transmigrating.                                 |
| 4. Khalil Gibran – asadguru – disciple            | d) The higher truth cannot be revealed to ones who are materialistic, foolish, indiscreet.                            |
| 5. Serious discussion – kids – outside the room   | e) We will have to choose between shreyas and preyas.   |
| 6. Memorises invitation – doesn't attend marriage | f) One attains the state beyond thoughts on practising uninterrupted atmabhaavna.                                     |
| 7. Band noise – satsang                           | g) The Enlightened Master's silence, company, countenance and eyes can also help one attain knowledge of the self.    |
| 8. Wife – husband's body language                 | h) One cannot understand the preachings about the self if the mind is crowded with thoughts.                          |
| 9. Mosquito – sucks more blood – dies             | i) Greed is the cause of fear.  |
| 10. Abhishek – flow of water                      | j) One cannot attain faith in the self just through learning the scriptures by heart.                                 |

1) ..... 2) ..... 3) ..... 4) ..... 5) ..... 6) ..... 7) ..... 8) ..... 9) ..... 10) .....

**(III) Answer in one or two words.****Marks: 5**

1. What is the sole purpose behind the tendencies and activities of all beings? .....
2. In the spiritual journey, if brahmavidya is the secondary school, what is the primary school? .....
3. Under whose sway (paash) do materialistic, ignorant men fall again and again due to their unfulfilled desires? .....
4. Pujya Gurudevshri gave the example of which mythical bird for choosing between shrey and prey? .....
5. What does the quality "puranam" of the soul mean? .....

**(IV) One of preyas and shreyas is written in the table below. Write the corresponding preyas/shreyas in the space next to it.**

**Marks: 5**

Preyas	Shreyas
1. Doing what you like.	
2.	Dedicating your life towards a higher goal.
3. That which delights sensual desires.	
4.	Feels like misery in the beginning, but results in infinite happiness.
5. Wanting to complain and change.	

**(V) Write true or false. Give reason if false.****Marks: 5**

1. Only a false theist fears an atheist.  
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2. Inclination for shreyas and association of wife, son, wealth can be present together.  
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3. One with sensual desires cannot listen to teachings regarding the self.  
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4. During self-realisation, One sees the soul as He sees other objects.  
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5. The nature of the soul hidden in the body and senses becomes impure due to thoughts and defiling instincts.  
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**(VI) Answer in one sentence.****Marks: 10**

1. Why are the people who choose preyas in majority?

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2. How will revisiting our childhood experiences help awaken us?

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3. *Ashcharyo vakta kushalosya labdha, Ashcharyo jnata kushalanushisht.* Which pair has been called a great wonder in this shlok?

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4. What does avidya not mean and what does it mean?

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5. For whom has the analogy of a blind leading another blind been given in this valli?

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6. Which kind of people does Yamraj call childish (bal) in this valli?

.....

7. In the school of satsang, what is classwork and what is homework?

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8. Why is it not possible to understand the self from one who doesn't have experience of the self?

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9. Why does thoughtless renunciation lead to a state like the washerman's dog?

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10. Just as a wet nurse (dhavmata) cares for the child, but doesn't have attachment, expectations or possessiveness for it, ...

.....

**(VII) Answer in brief.****Marks: 10**

1. Which three points did Pujya Gurudevshri give us to check whether we are shreyarthi or preyarthi when someone insults us?

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2. Shrey and prey both bind man – write the two meanings of this.

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3. Write the four points related to why listening to the knowledge regarding the self is rare.

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4. Write the four points related to why it is rare to find a qualified Teacher who is able to impart knowledge of the self.

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5. Write the four middle steps of the journey of transformation through satsang and introspection that begins with "There is happiness in the world, hence I feel so" and ends with "Established in the self".

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**(VIII) Explain how Yamraj praised Nachiketa in this valli.**

**Marks: 5**

1. Which praise by Yamraj for Nachiketa shows that even the Sadguru is waiting for an enquiring worthy disciple?

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2. What mistake had Yamraj made in the past? Comparing Nachiketa with himself, how does Yamraj praise him?

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3. Airport – automatic doors. Explain the example in brief and write the pinnacle of praises showered on Nachiketa by Yamraj.

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