

Aum  
Shri Param Krupalu Devay Namah  
Kathopanishad  
Shibir - 5  
Adhyay-1 Third Valli

**WORKSHEET**

**Marks: 50**

Name: ..... Tel. No.: ..... Group: .....

**(I) Choose the correct answer.**

**Marks: 5**

1. Pure consciousness is ..... of karma.  
(a) Neither the doer nor the enjoyer (b) The doer and enjoyer (c) Only the doer (d) Only the enjoyer
2. .... is the right method to turn inwards.  
(a) Running away from sense objects (b) Harming the senses  
(c) Suppressing the mind (d) Developing discernment in the intellect
3. .... is the most supreme.  
(a) Mind (b) Intellect (c) Bahiratma (d) Purush
4. Beholding the soul is not difficult for one .....  
(a) Who is without a Guru (b) Equipped with sadhanchatushtay (4 means)  
(c) With a gross intellect (d) With an impure mind
5. .... is necessary for a subtle intellect.  
(a) Great IQ (b) Expertise in logic (c) Internal purity (d) A university degree

**(II) Match the examples given below with their parmarth.**

**Marks: 5**

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|-------------------------------------|---|
| 1. Jabalpur - waterfall - eagle     | a) Enlightened Ones help in spiritual welfare of a few or lakhs of people as per their capability   |
| 2. Cake - chocolate                 | b) Mental tendencies should get the right direction of the Enlightened One's Lotus Feet             |
| 3. Letter - address - reaches       | c) In bhedjnan, keep stepping back from the seen till the seer is found                             |
| 4. Police - 100 Rs. fine - happy    | d) Ignorant one gets dragged in the flow of time due to desires and becomes miserable               |
| 5. Coat - shirt - banyan            | e) Happiness is auspicious because saved from inauspicious, but don't stop there                    |
| 6. Small boat - big cruise          | f) One wants permanent happiness but runs after superficial and temporary happiness                 |
| 7. Cricket - umpire                 | g) Speech is habituated to see differences, so it's necessary to restrain it                        |
| 8. Luggage - carry - part of you    | h) Studying scriptures by own imagination increases confusion, hence a living Guru is necessary     |
| 9. Clay - pot - lamp - tiles - toys | i) Knowledge should not just go from books to head, but should become virtues                       |
| 10. Youth - sirsasana - brain cells | j) Body etc. cannot function without the pure soul, yet it is non-doer, non-enjoyer, only a witness |

1) ..... 2) ..... 3) ..... 4) ..... 5) ..... 6) ..... 7) ..... 8) ..... 9) ..... 10) .....

**(III) Answer in one or two words.****Marks: 5**

1. The difficulty of the path of self-realisation has been compared to what in shlok 14? .....
2. Which representative of the five sense organs and five motor organs has been mentioned to merge in the mind? .....
3. Giving which bath to the intellect is necessary to clean the dirt of impressions? .....
4. Which two words in Dev vandan show the Guru's control over the senses and mind? .....
5. What is the meaning of Vishnupad? .....

**(IV) Write true or false. Give reason if false.****Marks: 5**

1. Shubhopayog (auspicious) in the form of bhakti can be niratishay. ....
2. The Enlightened One does not believe Himself to be the owner of the body. ....
3. It is a rule that anything you witness becomes stronger. ....
4. The soul doesn't have touch etc. physical properties, hence it does not exist. ....
5. A discerning intellect does not over indulge in sensual pleasures, but it overindulges in austerities. ....

**(V) Explain the meanings of the words given below.****Marks: 5**

1. Ayukten - .....
2. Purush - .....
3. Kavayo - .....
4. Varaan - .....
5. Dhruvam - .....

**(VI) Answer in one sentence.****Marks: 5**

1. Before beginning a detailed discussion about spiritual knowledge, what prayer is done in the second shlok of this valli? .....
2. Write any two of the three reasons given by Pujya Gurudevshri for the path being difficult. ....
3. When merging the intellect, why is it necessary to give up the thought that "I am a witness"? .....
4. What mistake do we make in our practice of silence? .....

5. Why is the recitation of Kathopanishad helpful during funeral ceremonies?

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**(VII) Answer in brief.**

**Marks: 10**

1. Write any four points of the parmarth of why one expecting joy from non-self becomes miserable like the dog.

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2. The fourteenth shlok tells us to arise in what and awaken in what? Why is it necessary to stay awake apart from arising?

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3. Write the chhatrinyay (maxim of the umbrella) in short and explain its parmarth.

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4. Garland - flowers - thread. Through this example explain why we cannot perceive the soul even though it is evident.

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5. Taj Mahal - photo of Taj Mahal. Through this example explain why sense objects are superior to the senses.

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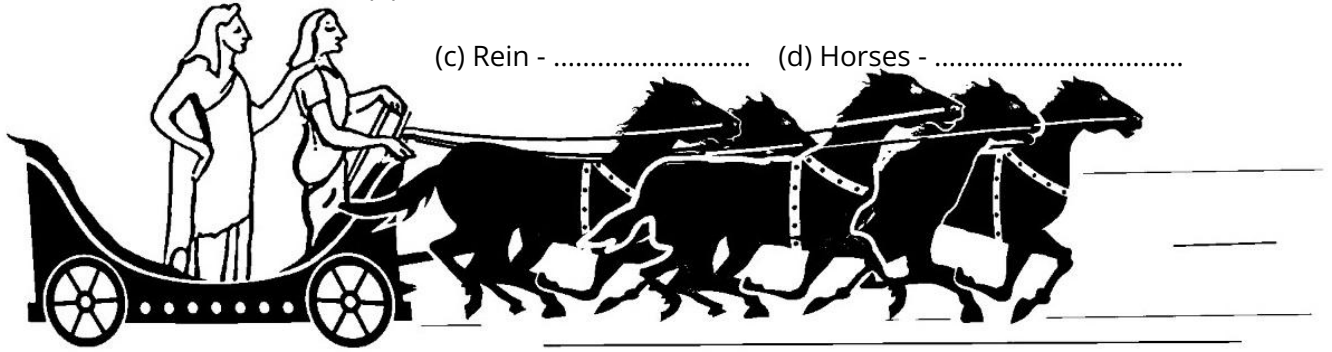
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(VIII) Answer the questions below based on the analogy of chariot from this valli.

Marks: 10

1. Write down what each thing represents in this example.

(a) Rathinam - ..... (b) Charioteer - .....



(c) Rein - ..... (d) Horses - .....

(e) Chariot - .....

(f) Road - .....

2. What will happen if the charioteer is blind, deaf and drunkard?

.....  
 .....

3. Father - mother - stubborn child. Write the example in brief and explain its parmarth.

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 .....  
 .....  
 .....

4. Special horse - save me - I am saved. Write the example in brief and explain its parmarth.

.....  
 .....  
 .....  
 .....

5. Fighting with servants. Write the example in brief and explain what mistake we make and what is the first step in the right method.

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