

Aum  
Shri Param Krupalu Devay Namah  
New Year's Message and Karmayog

**WORKSHEET**

**Marks: 25**

Name: ..... Tel.: ..... Group: ..... Zone: .....

**(I) Choose the correct answer.**

**Marks: 4**

1. Abuse of freedom is .....  
(a) swachhandata (b) swatantrata (c) saralta (d) samarpan
2. We only get ..... when we waste time judging others.  
(a) enlightenment (b) education (c) entertainment (d) elevation
3. .... won't help us develop new skills and overcome any hindrances.  
(a) Starting with small initiatives (b) Giving 25 hours sincerely to a skill  
(c) Keeping problems at the back of the mind (d) Expecting success on the first day
4. When we don't label or criticise ourselves due to our shortcomings, we are .....  
(a) keeping the door of improvement open (b) closing the door of improvement  
(c) abusing the giver (d) ignoring the infinite possibilities within us

**(II) Match the following examples with their parmarth.**

**Marks: 4**

- |                                   |   |
|-----------------------------------|---|
| 1. Boy - bakery                   | (a) Non-sexual touch will satisfy our emotions.   |
| 2. Girl - chocolate - 3 days      | (b) Stop begging in the name of prayer. He gives us more.   |
| 3. Mother - child - video game    | (c) Irrespective of our age, we should have enthusiasm to explore, experiment, experience.            |
| 4. Switch - light - concealed     | (d) Be sensitive towards others.  |
| 5. Saltless dal - will feed you   | (e) Stop complaining for what you don't get and be in the feeling of gratitude for what you have got. |
| 6. George Bernard Shaw - tree     | (f) Bhakti is experiencing His love.  |
| 7. Hungry - jewellery - curd-rice | (g) When others are imperfect, don't shout. Be creative and enjoy!                                    |
| 8. Swami Vivekanand - Sharada Ma  | (h) God upsets your plans to execute His plans for you.   |

1) ..... 2) ..... 3) ..... 4) ..... 5) ..... 6) ..... 7) ..... 8) .....

**(III) Answer in a few words.**

**Marks: 4**

1. Which 3 things do we need to tackle in the art of Karmayog? .....
2. Always giving credit to others can stem from which negative trait? .....
3. Which type of emotion is guilt? .....
4. We should put what over what to save a relationship? .....

**(IV) Complete the sentence.**

**Marks: 4**

- 1. The more you love your Guru, .....
- 2. When you miss love, .....
- 3. If it is over in the physical world, .....
- 4. You have no right to criticise if .....

**(V) Give reasons for the following.**

**Marks: 4**

- 1. Great people manage to find time for everything because ...  
.....
- 2. It is important to accept the love shown to us by others because ...  
.....
- 3. We should not argue with someone for forming an opinion about us because ...  
.....
- 4. We should not expect perfection from our near and dear ones because ...  
.....

**(VI) Answer in one sentence.**

**Marks: 5**

- 1. Which two things did Pujya Gurudevshri explain regarding the heart of Karmayog?  
.....
- 2. What does Pujya Gurudevshri expect us to tell ourselves in the morning regarding our mistakes?  
.....
- 3. What creative perspective did Pujya Gurudevshri give us for times when we feel that we are good for nothing because people don't value us?  
.....
- 4. Instead of getting trapped in what has already happened, which two types of changes will help us grow?  
.....
- 5. What tip did Pujya Gurudevshri give us for beginning to love God?  
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