

Om Shri Param Krupalu Devay Namah

Patrank – 166

Hitshiksha 5, Patrasaar

WORKSHEET

Marks : 100

Name:

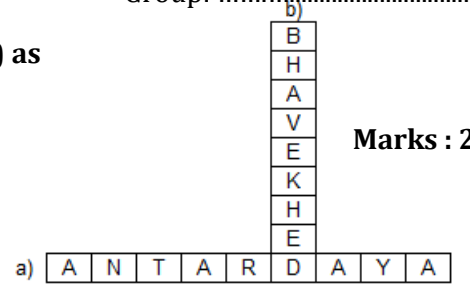
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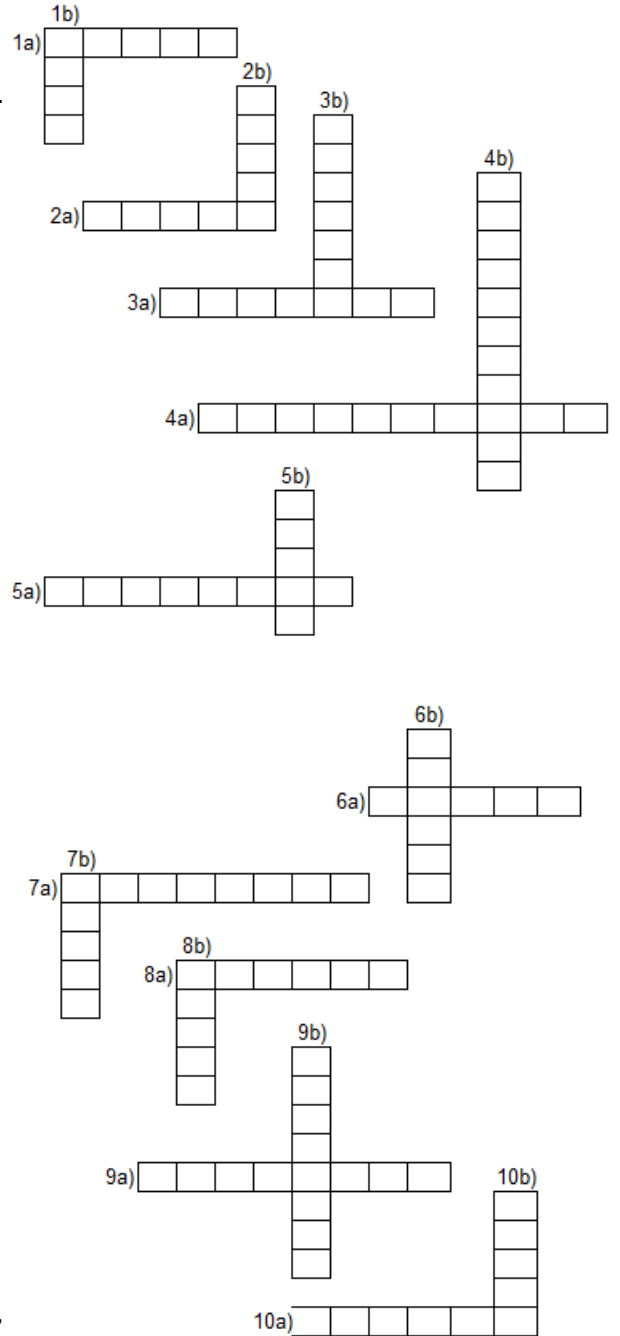
(I) Write two words (transliterated from Gujarati - e.g. Satpurush) as the answer to each question. The first word (a) is to be written horizontally and the second (b) vertically.

(see sample given on the right)

Marks : 20



- The path is contained in two letters. Its starting point is (a) (5) and end point is (b) (4) .
- Through the vachanamrut, mudra and satsamagam of Sadguru, one takes (a) (5) and (b) (5) of swabhav (two rhyming words).
- Four steps of jnan: (a)atmak (7) jnan, chintanatmak jnan, bhavnatmak jnan, (b)atmak (7) jnan.
- Generally, people can't see lack of (a) (10) which can be won over through kal (subtle tricks) and they hype up the reduction of (b)..... (11).
- "The soul has been traversing endlessly through cycles of birth and death since time immemorial, why is this traversing not coming to an end? And what can be done to bring this about?". The sequence of contemplation for this topic is:
(a) (8), chinta, (b) (5), jhoorna.
- Panchamkal is dagdh (a) (5) for Kevaljnan and (b)..... (6) for Samyagdarshan.
- Of the 8 stages that start from vismay, the seventh stage is (a) (8) and the eighth stage is chaitanyano (b) (5).
- One develops four bal (strengths) in the stage of tattvanirnay: jignasabal, (a)(6) bal, vairagyabal and (b)..... (5) bal.
- Kshay, kshayopsham or upsham of mithyatvamohaniya karma is (a)..... (8) nimitt of Samyagdarshan and Jnani is (b)..... (8) nimitt of Samyagdarshan.
- With the arrival of the shravan month of (a)..... (6), there is heavy rainfall of (b)..... (5) ras.



(II) Choose the correct answer.**Marks : 10**

- The path in two letters means
(a) jnan (b) jnani (c) ajna
- In the 5 steps of the process of Samyagdarshan, one achieves in the 2nd step.
(a) vyavahar Samkit (b) nishchay Samkit (c) nirvikalp swasamvedan
- Generally, one wastes this priceless human birth chasing kshudra padarth (trivial things) or performing auspicious activities
(a) with swarooplaksh (focus of the Self) (b) for atmahit (benefit of the soul)
(c) with sampradaybuddhi (sectarian attitude)
- Vikalpatmak dhyan means a state of
(a) many vikalp (b) only one vikalp (c) no vikalp
- The real strength behind the success obtained through sadhan given by Sadguru is of
(a) Sadguru (b) sadhan (c) karma

(III) Match the columns. Write the correct answers from column B and column C corresponding to column A. E.g. 1 – a – f (this is not the correct answer).

Marks : 10

Column A	Column B	Column C
1) Atmarthipanu	a) Tattva bodh, Tattva abhyas	f) Ajnanu nishanktathi aradhan
2) Sadguruni prapti	b) Bhedvijan, Upyog antarmukh	g) Result of the path that is contained in two letters
3) Tattvanirnay	c) Yogyata, Patrata	h) Mokshno marg atmama chhe
4) Atmanusandhan	d) - (a state beyond words)	i) Shastrashravan etc. failed without swarooplaksh, Sat
5) Nirvikalp anubhuti	e) Shodh, Arpanta	j) Wants to do mayik sukhni vanchhano abhaav

Column B	Column C
1) -	-
2) -	-
3) -	-
4) -	-
5) -	-

(IV) Write true or false. Give reason if false.**Marks : 10**

- The one who doesn't want to repeat paribhraman (transmigration) doesn't do parvartana (revision) of pravachan.
.....
- The seeker keeps increasing the sandhi (connection) of the soul and raag (attachment) through bhedjan during udayprasang (situations).
.....
- Shubh kriya done without the laksh(ajna) of a Sajeewanmurti (Living Master) leads to bondage.
.....
- One is a nishchay samkiti only when nirvikalp anubhav (experience of the Self in thoughtless state) is going on.
.....

5. Atmarthi doesn't work on the intensity of kashay (passions), but on their category.

.....

(V) Answer in one or two sentences.

Marks : 15

1. Give the English word used by Pujya Gurudevshri about what will happen if one does not do yatharth olkhan of (truly recognise) the Sadguru, and write how we benefit through yatharth olkhan.

.....

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2. Write the benefit of chintanatmak jnan and its limitation.

.....

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3. Why is Samyagdarshan considered infinite times more durlabh (rare) than human birth?

.....

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4. What mantra did Pujya Gurudevshri give to help us not get angry at the person who is insulting etc. towards us?

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5. What message do we get from the saint living in Badrinath in the winters who used to believe that the Lord is giving him bhiksha (alms) through humans?

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.....

(VI) Write the following examples in brief and explain their parmarth.

Marks : 25

1. Letter - stamp

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2. 2 types of poor people

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3. Guru - shishya - tree - eggs

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4. Wildlife watching after meditation retreat

5. Waking up someone and then giving the message

(VII) Let us culminate this swadhyay journey by singing the glory and experiencing the grace of

Param Krupalu Dev, who bestowed the jewel-like Patrank 166 upon us.

Marks : 10

1. The benefits we have experienced through Patrank 166 are due to Param Krupalu Dev's grace. According to Patrank 213, who is the cause of every state of well-being, from ek ansh shata (an iota of comfort) to poornakaamta (state of complete fulfilment)? - 1 mark

2. While describing Param Krupalu Dev's sahaj samadhimay dasa (effortless meditative state), what did Pujya Gurudevshri explain in the context of meals? - 3 marks

3. Param Krupalu Dev has served us laapsi in Patrank 166. To show His compassion, explain how a mother feeds laapsi to her child. - 2 marks

4. Just as a mother puts oil on each strand of hair, similarly - 2 marks

5. Just as the fox runs away on hearing the roar of the lion, similarly ... - 2 marks

Oh Param Krupalu Dev! You have given us the blessing of Patrank 166! Oh Pujya Gurudevshri! You have unravelled its mysteries for us through 25 satsangs! We offer countless salutations at Your Lotus Feet towards Your immeasurable grace with gratitude.