

Shrimad Rajchandra Vachanamrut
Updeshchhaya - 9 Summary
(9.11.2019)
Param Krupalu Dev's Birth Anniversary

Please Note: This is an English summary of the pravachan by a seeker, Rimaben Dhanky from Dubai and has been uploaded here for the benefit of the English reader.

Yugpurush, King of Kings (Chakravarti) of Pure Consciousness, one whose inner state was like an ascetic (sadhucharit), such Param Krupalu Dev Shrimad Rajchandraji's birth anniversary according to English calendar is today, on 9th November and according to Hindu calendar, it is on the day of Kartak Sud Purnima. On this day, He was born in Bharat kshetra. We bow down to Him, worship Him and offer our salutations to Him with a lot of bhakti.

Today's satsang is on **Updeshchhaya-9, which was given in Vadva on Bhadarva Sud Teras, Saturday in Samvat 1952. "To reduce the flaws, the Enlightened One's words should be remembered, if they are understood properly if you listen and contemplate on them, then naturally the soul will become pure. In doing this, not much effort is needed. But if those words are not contemplated upon, flaws will never get reduced."**

Gandhiji was a great personality and many well-known people had given their compliments to Him. Rabindranath Tagore called Him, "Mahatma"(Great soul), Subhas Chandra Bose called him, "Father of the nation." Gopal Krishna Gokhale called Him, "Pinnacle of Humanity." Roma Rola called him, "Second Christ." George Bernard Shaw called Him, "Himalayas." Einstein, Sardar, and Vinobaji also complimented Him.

Vinobaji, it was evident that he was a seeker, since childhood. They were three brothers and all of them had dispassion since a young age. Once, to purify the soul, Vinobaji felt like going to the Himalayas. He started preparing for his journey. At that time, He read a dialogue between Gandhiji and Annie Besant. He felt that he should meet Gandhiji first before going to the Himalayas. He sat with Gandhiji for 10 minutes and when he came out, he said, "I found my Himalayas."

Once the Enlightened One is found, if you want to go for a retreat in solitude, you are too far from Vinobaji also. Vinobaji was the first satyagrahi chosen and there were no ups and downs in their relationship.

We have also found our 'Himalaya'. We have found the 'Living Enlightened One' many times in this transmigration. But Param Krupalu Dev says in Patrank-212, "Because the right recognition is not done, because the perception of the soul is impure, his aim, his target is extroverted only. If the perception of the soul is impure,

he looks at the Enlightened One also with the worldly aim only and right recognition is not done.” The soul has got the association of the Enlightened One many times, but he did not recognise Him. If this recognition was easy, samyag darshan-self-realisation would have been easy and the path of liberation would have become easier. But to find the Enlightened One is difficult and then to recognise Him as the Enlightened One is more difficult. Vinobaji did not have any desire to go out of the aura of the Enlightened One.

In Patrank-335, Prabhu has written, “The one who recognises the Enlightened One, he does not desire meditation.” But the right recognition was not done. For this recognition, one needs a true desire for liberation. He needs the repeated company of the Enlightened One. What is the Enlightened One doing is not important. But how He is doing it is more important. You start entering His space, His peace and His power. Then there is undivided love for Him and then only love remains. This love keeps becoming central towards Him, dispassion gets manifested naturally and the miracle of Pure Consciousness arises.

When the above things do not happen, there are some reasons for it. 1. To get the association of the Enlightened One is very rare. 2. Our aim and target are outwardly focused. We have a lot of desires for worldly matters, there is a lot of attachment for sensual pleasures. If there are any changes in them, we either get pride and greed or we get angry and start indulging in deceit. It means that we have strong sensual pleasures and passions and there is no desire to get rid of them. From the Enlightened One also, one wants to get his worldly matters solved. 3. The perception of the soul is impure. That’s why, even with more association with the Enlightened One, he has more doubts, suspicions, wrong inferences, a lot of irresolutions, which takes away a lot of his eligibility. After years of association with the Enlightened One, the soul remains at the same place or at times, he falls more instead of climbing up.

If the right recognition of the Enlightened One is done, if the association is attained, then 1. The person will get His satsang repeatedly. 2. The person does not look at Him for the worldly matters, in an extrovert manner, he will see His inner state. 3. With the purity of perception, he will increase his respect for Him. In that case, the Enlightened One will feel like an embodiment of love (prem murti), embodiment of bliss (prasanna murti), embodiment of peace (shaant murti) embodiment of knowledge (jnan murti), embodiment of dispassion (vitarag murti) and an embodiment of Pure Consciousness (chaitanya murti). The first feeling is, ‘Wow! He has so much love within Him. This happens because your inner state has got purified. With the impure perception, you cannot see His selfless love. Then you see Him as an embodiment of bliss. Wow! He remains so blissful among the manifestation of so many karmas. Then He will be seen as a peaceful soul. Then He will be seen as an embodiment of knowledge. He shows our dark corners or He remains satisfied with His self-realisation. When you go ahead in the journey, you will feel that He is so

dispassionate and will feel as if He is the idol of Pure Consciousness, who remains in His Pure Soul only.

Usually, there is a rule that whatever flaws you have within you, that virtue of the Enlightened One will be seen first. More you know your flaws, more you will see His virtues. If you think that you get angry very fast, you will see His peaceful nature. Sadguru is filled with infinite virtues. You can count dust particles or drops of rain, but you can't count the virtues of the Enlightened One. No one can describe His virtues, we can only offer our salutations to Him. No one can give a lecture on His virtues, we have to just bow down to Him. His virtues cannot be described in words, we have to become Brahma, non-existent. Such Enlightened Ones are present in the fifth era. In Shri Atmasiddhi Shastra, it is written, "Agal Jnaani thai gaya, vartamanma hoy." It means that there had been Enlightened Ones in the past, there are at present. The sun rises and rain falls because the Enlightened Ones are present in the fifth era. In the sixth era, there will be no Enlightened Ones, so even mother nature will not function properly. If with a great fortune, if you get the association of the Enlightened One, make sure to take away love from all the worldly matters and centralise your love at His Lotus Feet, rest of the work will be done automatically. You need to put an effort and resolution for centralising your love, rest of the work will happen on its own.

If a person can't find the Living Enlightened One in the fifth era, his eyes are closed, even if the sun is there. He has not attained the grace of God. With the grace of God, you get Guru and with the grace of Guru, you get God. Anandmayi Maa says it beautifully, "Saints are like drums. More you play it, more sound will come out and more you will get engrossed in His devotion and love. Your impurities will be annihilated." If a little love has blossomed because of a positive karmic bond of the previous births, start associating with Him more and more, increase that love and purify it. An increase in love for Him is the seed of dispassion.

A man had a physical and mental relationship with a prostitute for ten long years. Once his parents asked him to get married, so he got married to a girl. Within three months of marriage, he died and his property went to his wife. The prostitute came to know about it, so she went to the Panchayat for justice that he had relations with her for ten years. The Sarpanch said, "You had relations with him as well as relations with many other men. This lady had relations only with one person, so she is eligible for all his wealth." You might have done satsang for 30 long years, but if you do not have undivided love for Him, if you are still getting attached to worldly people, things and situations, you are an immoral person and you are not eligible for the wealth of a single virtue. It is possible that the person has come only for the last three months and keeps saying, 'beloved, beloved', he is eligible for all the virtues.

In a drama, Narayan was smoking in the green room. On the stage, devotees were dancing and singing, "Narayan, Narayan." Someone told Narayan to get up and go on

the stage, the actor said, “I will go only when Narad calls me.” When Narad came and said “Narayan Narayan” twice, immediately he threw his cigarette and rushed on the stage as Narayan.

The Supreme Being is charmed by loving Para Bhakti (*Para bhakti* is a Sanskrit term referring to the devotion that transcends all worldly concerns and is pure, transparent and simple.) God is not stingy in giving liberation, but He is stingy in giving devotion. For pure devotion, one needs devotion with love.

“Devotion is the reason for self-realisation.” Prabhu has said these words. Love, faith, and surrendership constitute devotion. With love, your devotion will get direction, faith will make sure that you get rid of all the troubles and surrendership will give speed in the right direction. You will become peaceful with the thought that whatever happens, it happens for good. When you appreciate His selfless compassion, you will become a self-realised person.

True nature is the constitution. The true nature of the soul means 1. Eternal Nature. 2. Eligibility of impurity. To understand the true nature of the soul, you will have to understand the eligibility of impurities. E.g. True nature of the water is to remain cool, but with the association of heat, it becomes hot. If we know the true nature and its impurities, there will be no attachment or less attachment.

Look at the purity of knowledge of Prabhu that He never used a single word without a reason.

Make your relationship with the Enlightened One deeper and deeper. His devotion with refuge will lead you towards the soul. More you see His virtues, more you will see your true nature, you just have to put an equal to sign in it. Eternal bliss will become more and more. Earlier you never had any consciousness regarding the soul, today you want to attain self-realisation. Strong manifestation of karma will also not affect this aim of self-realisation.

Prabhu is present with us in the form of Vachanamrutji. This is our cleaning instrument. Vachanamrutji is an autobiography, how was His state when He was sleeping, were involved only in indolence, what were His beliefs, thoughts, and behaviour. Now after awakening, what are His beliefs, thoughts, and behaviour? With two drops of attar, you are welcomed everywhere because of the fragrance you spread. The Enlightened One’s words are like attar, in every word He speaks, there are infinite Agams. A little yoghurt is enough to turn all the milk into yoghurt.

It is very rare to get the words of the Enlightened Ones. If They come in your hands and if you read Them, you need a lot of fruition of meritorious karma. You will need the efforts of the present and past.

Buddha went to a village 30 times. A man wanted to go and see Him, but every time, there was some problem and he did not go. When he came to know that Buddha had come for the last time and He will give His last sermon, He went running. But he was too late and Buddha had stopped talking. He felt very bad that he left all the work and came there. Someone told him, “If you had left everything 30 years ago, you would have become Buddha.”

Mulla never took leave from his work. It was not because he was a workaholic, but he knew that if he took leave for a day, the office will realise that without him, the office will function in a better way. Do not be under the illusion that the world cannot run without you.

Once you find the Enlightened One, if you get His Vachanamrut, start listening-reading (shravan), contemplating (manan) and put it into practice (nididhyaasan) leaving all other work aside or even spoiling your worldly work. You will improve with it and you will never get bad times in your life. Kabir has said, “Man mast hua, tab kya bole.” It means when the mind is engrossed in the Pure Self, what will it say? Once eternal bliss is attained, why should He come out from non-duality to irresolutions and give trouble to Himself? If Prabhu did not speak, we would have never have got Vachanamrutji. When Bhagwan Buddha attained enlightenment (sambodhi), He did not speak a word for seven days. Looking at that, all the celestial beings went to Indra and all of them went to Brahmaji. Everyone went to Buddha and requested Him to speak. But Buddha said, “1. Whatever I have experienced, cannot be said in words, what is the point of speaking? 2. The one who was speaking is destroyed. 3. I have no desires left.” The devotees said to Him with a lot of love, 1. If You cannot speak, You just give us certain suggestions, with which we get motivated. The Enlightened One’s work is to motivate you constantly. Only instructions are not enough, inspiration should be constant. 2. If Your doership is destroyed, it is fine. But You still have the association of mind, speech, and body, so please reach out with it. 3. You are satisfied, now have compassion on us. When the Enlightened One speaks, He is not disturbed or bewildered, He speaks only with the aim of supreme reality and compassion.

The Enlightened One preaches us by coming out of His state of union and you are just keeping it as a book of Vachanamrut? If you do not study it or do not practice it every day, it means that you don’t want to get liberated. Whatever time you have, read His letters and go deep. If you are not going deep, there is a problem. What have you done by just reading it and not going deep, when you have not understood the mystery of the spiritual pursuits and the Supreme world? You bow down to the Enlightened One, but you don’t walk on His path. You have a lot of happiness in worshipping Him, but you are not happy in listening to His instructions. You call Him “Yugpurush”, but you don’t use your energy in doing what He has said.

The preaching of the Enlightened One is extremely helpful. If it is done with joy and happiness, delusion becomes weaker. The fire is very powerful and can burn clothes, papers or wood, but it can't remain powerful in front of water, in fact, the fire gets extinguished with the help of water. The Enlightened One's words are like water. The strength of delusion becomes weaker with His words. You can determine the fundamentals, your faith for the fundamentals becomes stronger, you come to know about the self and non-self, meritorious karma and unmeritorious karma. Do not blame others, have faith in nine fundamentals. To understand everything in the right way, you need a strong faith in these fundamentals. With the sufferings, you have resolutions and volitions, which will lead to sorrows at the end. That's why the determination of the fundamentals and conviction of fundamentals is very important. The moment you have determination and conviction of the fundamentals, the whole world will get divided into what is to be attained, fundamentally worthy of being imbibed and what is to be left. Fundamental worthy of being imbibed is only the Pure Self. In an absolute viewpoint, it is Pure Soul and from a relative viewpoint, it is Right God, Right Guru, and Right Dharma. With what to leave and what to attain, you will get discretion, your thoughts will be transformed and finally, your life will be transformed. If you have faith in the fundamentals, there is no reason for any sufferings and without sufferings as a reason, there will be no work of sorrows happening. It's all your mental drama, remove it and there will be no suffering. **When you go towards the Pure Self again and again, at one moment, your awareness will touch there and slowly it will remain there only. This immovability, firmness is called meditation. The instincts might go back to the worldly matters in the beginning due to your past experiences, but if the awareness remains there firmly in the soul, it is meditation. This is not possible without the words of the Enlightened One.**

But for this listening, you need a lot of joy. Before the minister's car comes in, a pilot car comes inside. For the self-realisation car, the pilot car is the joy of listening. The first state is an auspicious desire and the last stage is becoming one with Brahma. This auspicious desire means a strong desire for liberation. The Enlightened One's words should be read and heard with a lot of joy. Then self-realisation is not too far. The one who feels joy while listening to the Enlightened One, that soul experiences self and non-self as separate. On Jnan Pancham day, we wrote the whole 'Shri Atmasiddhi Shastra' in one and a half hours, but still we wonder how He actually composed it in that much time. When we read Vachanamrutji, we become doubtful, how Prabhu wrote so much of knowledge in those informal letters- patrank? This cannot happen with my good luck or effort, this can happen only with His compassion and grace. Because He was felt like an embodiment of love, the embodiment of bliss and embodiment of knowledge, I am studying. The more you recognise Him, the more your swadhyay (study of scriptures) should become slower. This happens because you are absorbing more and more, you are getting amazed more and more on how much you are receiving. Your retention has no relation with your knowledge obstructing karma, it has a relation with your delusional karma. You are not screaming from your

intestine that you have not got samyag darshan, you are screaming only from your throat. You should have an inner desire to attain liberation, then only, there will be a joy of listening and reading.

Once the anchor is taken in hands, it means that the bank of the river is nearby only. The one who feels joy while listening to the Enlightened One, that soul experiences self and non-self as distinct. We just speak like a parrot. A rest house owner had a parrot in a cage. The parrot only spoke one word, "Independence". One day, a traveller felt sorry for the parrot and he opened the cage and helped the parrot to fly away to experience independence. But the parrot came back within ten minutes in the cage. He had no relationship with the feelings and thoughts of independence. We do the same thing with 'Chha Padano Patra', 'Kshamapana' or 'Shri Atmasiddhi Shashtra'. Some people do not even do that, they just by heart it. When we go to a restaurant, our aim is to fill the stomach. With rote learning, your hunger for self-realisation will not be satisfied. What is your aim for doing nityakram? To satisfy hunger means to experience the soul or just do the rote learning? It seems you do not want to destroy your worldly transmigration, that's why you are doing it mechanically and superficially. If you want to purify the soul, listen and contemplate upon the words of the Enlightened Ones. Reading is not the right aim, the right aim is to annihilate all the impurities.

It is always great fun in eating hot gulab jamuns than eating the ones kept in the fridge. If you have got the direct preaching from the Enlightened One, your feelings, thoughts, instincts, and beliefs should be transformed. Pujiyashri Ambalalbhai had done His work in the same birth and immediately He got self-realisation.

If your aim is listening or reading leading to contemplation, which leads to reflections and finally to get it into the experiential level in day to day life, you will have to study in a different way. If you just want to remember it, you will still need reading or listening. But if it does not go at the level of contemplation or reflections, the Saints will say that you have not experienced it and you made a mistake.

Everyone does not attain samaadhi maran (death in state of peace). The association with the Living Enlightened One has happened infinite times, but we have missed it. We must have an intellect of benevolence and remain non-indolent, then listen to the Enlightened One, contemplate on what He has said. If someone remains in pure feelings and thoughts for 48 minutes, He attains omniscience. If someone remains in auspicious feelings and thoughts for 48 minutes, he gets innumerable years of celestial life. If someone remains in inauspicious feelings and thoughts for 48 minutes, he gets innumerable years of hell. Jain Darshan works on the intensity of your feelings and thoughts. You have to increase your eligibility, after that, if you increase your association with the Enlightened One, you will get benefited. You have to cultivate your virtues. You should not waste a second also for the feelings of friendliness, joy, compassion, and impartiality, they should become a part of you.

The Enlightened Ones say, “Time spent for spiritual accomplishment is innumerable years, but its fruits are there for infinite years.” This is a great deal. If you remain in the words of the Enlightened One for innumerable years, you will get the bliss of infinite years in moksha. Moksha is within, it is purifying the self. Siddhashila is a retirement home. Increase your energy in listening and contemplating upon the Enlightened One’s words.

“To reduce the flaws, the Enlightened One’s words should be remembered, if they are understood properly if you listen and contemplate on them, then naturally the soul will become pure. In doing this, not much effort is needed. But if those words are not contemplated upon, flaws will never get reduced.”

A common person needs a formula. The one who is a seeker makes his formula. For doing swadhyay, there are many formulas. Don’t do your swadhyay superficially or mechanically or aimlessly. Otherwise, your impurities will not be annihilated, you need to go deeper and deeper. Patrank- letter will increase your knowledge, but your aim should be to increase your love for the Supreme Being, your love for the Enlightened One. Swadhyay is not for knowledge, it is to increase love for the Lord. Simply reading will not help much, interacting and applying will help you. Reading is shravan or listening, interacting is manan or contemplation. Applying in daily life is nididhyaasan. If you try this method, you will see yourself grow and have power.

These methods call for your attention and it prompts you to apply the life-changing messages of God. Do your swadhyay of Prabhu’s words in such a way that you have to remain focused. His words 1. It calls for your attention. 2. Apply life-changing messages of God. The main purpose of swadhyay is to spend quality time with your Lord Param Krupalu Dev. It is a powerful, personal, peaceful, quality time with Him. Your whole world should remain on one side and the other side, only two of us should be there, out of these two of us in duality, we should become non-dual, who remains does not matter. Just think whether your love for Prabhu, Supreme Being increased today after swadhyay? This is my main aim for which, I am following Him and for that only, I am studying. Just think that my Prabhu has said it so that I can feast on His words. You can feel your soul. When we go from the love of Supreme Being to indolence, our soul dies. If you find peace within, you will experience the fullness of joy. Such joy is never found in sensual pleasures, that joy is found when there is a right way followed in swadhyay. It gives richness in your time with Him. If deep swadhyay is done, personal time will become richer. There are two main methods that we will discuss today. GROW Method and POWER Method.

GROW Method: **G= Greet** the Vachanamrutji, just don’t start reading. **Grab** your copy of Vachanamrutji. For doing swadhyay, Vachanamrutji is only comfortable. Everyone should have their copy. Show your humility towards Vachanamrutji, bow down. Sit in a quiet place without interruption, silence your phone. While reading

Vachanamrutji, if you read even the most important message, you won't get God in the next birth. It is my personal time with Vachanamrutji. Nobody can enter that personal time. This importance should be there. This is the humility for that scripture. Invite the Lord that I want to enter Your space, please help me to focus. Ask for His energy to stay with Him. Do not try to finish it off, but absorb it.

R=Read a few times a portion of Vachanamrutji. It has to be a minimum of two times. Absorb it. Dwell deeper into it. While reading, do not only understand the meanings of the words, understand the intent behind each word. There is a message for you in each word. He is present there, He is going to speak to you. You will be amazed by how much you received from Him.

O=Observe some words, some sentences or some gist that stands out. In the whole letter, there has to be a word or a sentence or a gist, by which you have got affected to an extent, which you don't forget in the next birth also. This is the spiritual pursuit of swadhyay. What is the Lord trying to impress in my heart? Which message does He want to give me in this letter? Try to identify personal, hidden message in those words and contemplate on it. If He said, "Do not be depressed, the path of liberation is easy." With these words, I have to think whether I feel depressed when I make a mistake or not, if I am going into a deep depression, then I have to come out of it, but if I am not getting affected by my mistakes, then I have to first feel bad about it. You have to decode for each letter. You have to be aware of your present state, so every time, the patrank will give you a different message because it is read and listened in His divine presence. He is sitting here only and is preaching to me. Identify and contemplate the message. If I don't do anything, I do not have eligibility to invite Him tomorrow.

W= Write. Whatever observations are done, you have to reflect on them. Make your prayer. Your prayer should be Lord's words to the Lord. Your words should come out of your heart. E.g. Increase dispassion and subsidence is written in Vachanamrutji, just say, Oh, Lord! My only desire is to increase dispassion and subsidence. Give His words to Him only, but they have to go through four chambers of your heart. It should happen with your thoughts and feelings. Make your prayer from every patrank- letters. You can write your confessions in it, say sorry. Ask for His guidance to show you the path. Sometimes you can show your gratitude that He has given me a lot, so thank Him. In personal time, do romance with Him, increase your love. Say sorry, please or thanks. If you don't understand anything, just say, "Please help me to live according to Your message."

This is the GROW Method.

POWER Method: P= Prayer. Start with mantra, mangalacharan or simply talk to Him, what is going on in your mind at that time. I am not feeling well, so while doing swadhyay, I am thinking about my body more, then just say that, with Your presence,

I want to make myself powerful. First, get connected and then start. Get ready to pick those subtle, sublime messages. Words will be simple, but there will be a subtle, sublime message for you.

O=Observe. First read, what a word, sentence or a message shouts at you. Some people are fond of remaining confused. The word 'shout' helps. From the whole letter, one word or a sentence or a message should stick to you, that shout will go for the next birth too. Do not care for any dictionary meaning. What did you learn about your Lord from this letter? Did Prabhu's state manifest in this letter? What did you learn about the original audience to whom this letter was written? If the letter was written to Pujyashri Ambalalbai, what would he have gained from this letter? What did I gain from this letter? How will it transform me? With your swadhyay activity, your bhakti should increase. Increase your love for the Lord so much that the whole world gets dissolved, your feelings and thoughts should also get dissolved. Don't knock at the letter, enter into the message of the letter.

W=Write. You can write a letter also, but when you write, you become slow, when you become slow, you absorb more. You feel you have received more. You can write, how this letter must have influenced Ambalalbai? Walk with Ambalalbai. That's swadhyay and then how it influenced you. Your heart should walk with Ambalalbai.

E=Envision. Start seeing dreams. What is my Lord saying to me? How do I apply it? What changes are needed in me to align with Him? See yourself from different angles. How the letter is influencing you now and what are you going to do with it henceforth? The way, you turn it over and over in the mouth to dissolve your ice-cream, do the same with your patrank. Eat, taste and savour the taste of the letter, digest it by contemplating it and retain it to live up to it.

R= Respond to the message you received. Make your action plan. Write down which experiment will you do? It can be I will remain in equanimity till tomorrow's swadhyay. Claim your promises. Prabhu, whatever You said, I will do as per Your instructions. If you don't do it this way, then the influence of the whole letter will be lost in the thin air. You won't remember which letter you read after half an hour, you will be bored to read Vachanamrutji. With the experiment, you will feel that Pujyashri Ambalalbai's journey was very fast and I can't cope with Him.

GROW method and POWER method, these are two methods. Follow whichever you want to follow. All the methods will make you reach the soul. You are not so eligible for meditation, so make your swadhyay powerful. Make your relationship with your God very deep.

With devotion, all the souls should attain self-realisation, that is the auspicious wish.