

Aum
Shri Param Krupalu Devay Namah
Kathopanishad
Shibir-4
Adhyay-1 Second Valli Shloks 14-25

WORKSHEET

Marks: 50

Name: Tel. No.: Group:

(I) Choose the correct answer.

Marks: 5

1. The ignorant one's capacity to desire is
(a) Unlimited (b) Limited (c) Very limited (d) Zero
2. Aum is the symbol ofin nirgun upasna.
(a) Sopadhik Brahma (b) Apar Brahma (c) Nirupadhik Brahma (d) Ishwar
3. A sadhak should the mind, intellect and senses.
(a) Develop oneness with (b) Destroy (c) Identify himself as (d) Identify himself as separate from
4. is necessary to experience the soul.
(a) Purification of the mind (b) Hatred for worldly objects (c) Indiscrimination (d) Indiscipline
5. Only does not dissolve like rice or chutney in front of death.
(a) The post of Yam (b) The supreme self (Brahmapad) (c) The kshatriya (d) The brahmin

(II) Match the examples given below with their parmarth.

Marks: 5

- | | |
|---|---|
| 1. Bus - Valsad - Mumbai - Surat | a) To experience the soul, one needs to contemplate oneself as separate from associations through discriminative knowledge. |
| 2. Light - couple - funeral procession | b) One will wander due to desires if the senses are not disciplined. |
| 3. Film - character dies - actor | c) Aum is a helpful medium, but that medium is also given up later. |
| 4. Size 7 shoes - tight - pain | d) The body, senses, mind, intellect function due to the presence of the soul, yet the soul is unmoving, steady. |
| 5. Sky - planets, constellations, satellites | e) Identification with the body, mind and intellect leads to sorrow, suffocation. |
| 6. Pole - to jump - leave | f) The soul is beyond dualities, only a witness. |
| 7. Pressure cooker - checking every 2 minutes | g) To succeed, one needs to be ready to pay the price of practice. |
| 8. Thief - police's clothes - catch | h) Patience is necessary on the spiritual path. |
| 9. 1 kg gold - 1 kg bananas | i) The body dies, but not the soul. |
| 10. Unanchored ship - water - wind | j) It is imperative to decide your direction. |

1) 2) 3) 4) 5) 6) 7) 8) 9) 10)

(III) Answer in one or two words.**Marks: 5**

1. In the absence of which lock do desires empty the safety vault of lifespan?
2. Despite being bearable, today becomes unbearable due to the addition of what?
3. Yamraj explained the practice of Aumkar to Nachiketa to eliminate which of the three faults?
4. If Aum is the means, what is the goal?
5. For what does a seeker not have eyes and ears?

(IV) Write true or false. Give reason if false.**Marks: 5**

1. The tendency of 'It will do' for irregularity in spiritual practices shows our glad acceptance.
.....
2. Even when memory declines, consciousness does not.
.....
3. The soul is in the body, yet bodiless and perishable.
.....
4. After experiencing the soul, one goes beyond sorrow because painful incidents stop occurring in life.
.....
5. Even though there might be sense activity, it is possible to have no liking for it.
.....

(V) Explain the meanings of the words given below.**Marks: 5**

1. Ajo -
2. Purano -
3. Vrunute -
4. Brahmlok (2 meanings) -
5. Dhatuprasadat (2 meanings) -

(VI) Answer in one sentence.**Marks: 10**

1. Which 4 'P's are necessary to achieve success on the spiritual path?
.....
2. Why is brahmacharya like building a wall?
.....
3. What is the fruit of worshipping Aum and of meditating on Aum?
.....
4. From what can we say that all traditions feel comfortable with Aumkar?
.....
5. If the slayer thinks that he is killing, why is he in illusion?
.....

6. What confusion arises in the ignorant one when his mind wanders even while he is sitting?

.....

7. "Who is more capable than me to know such soul?" - What was Yamraj's purpose behind saying this?

.....

8. What is the danger on the path of knowledge and on the path of devotion?

.....

9. The soul is seated in the cave of the heart of each living being. What does cave of the heart mean?

.....

10. Why has the author used the word pashyati for the experience of the soul?

.....

(VII) Answer in brief.

Marks: 10

1. Railway train - noise. Write the example in brief and explain its paramarth.

.....

.....

.....

.....

2. Swami Ramtirth - 7 out of 10. Write the example in brief and explain its paramarth.

.....

.....

.....

.....

3. While putting forward his question to Yamraj again, through which three points did Nachiketa describe the entity that he wants to experience?

.....

.....

.....

.....

4. Why is the soul subtler than an atom? What happiness does the seeker experience before experiencing the happiness of the soul?

.....

.....

.....

.....

5. According to shlok 24, which four things make one ineligible to experience the soul?

.....

.....

.....

.....

(VIII) Answer the following questions based on the very important 23rd shlok related to the attainment of self-realisation.

Marks: 5

1. According to this shlok, by mere practising of which three things will one not attain the soul?

.....

.....

2. Through the example of sun - open space - window - cave, explain why only few can experience the soul even though it is available to all.

.....

.....

.....

.....

3. Why are religious rituals devoid of desire for the soul compared to crying in a forest?

.....

.....

* * *